

Neural Organization Technique (N.O.T.)

Our Body, Our Survival

Our body and its functions are run by a marvelous electrical system that knows everything about us. Integrated into this system are four hardwired survival programs.

The first is fight or flight which is the body's ultimate survival program and will get us through any major trauma for at least 30 minutes.

The second survival program is digestion which begins when we have a nutrient lack at the cellular level and ends when we satisfy that need and the waste products are excreted. This is the body's default program.

The third program is sexual reproduction and is the survival of the species so that we can leave behind someone that looks exactly like us.

The fourth and final program is the immune response and cellular rebuilding. This program forms a cohesive whole and pulls the other three programs together. The immune response provides the proper white blood cell at the proper moment to fight infections and eat cancer cells when detected. The cellular rebuilding portion replaces the cells that have been damaged or destroyed in the course of the day. The immune response generally runs at night while we are sleeping because it demands a huge amount of energy.

Our body knows what needs to be done to correct and adjust itself to accommodate any imbalance and return to a healthy state, but it occasionally needs help, and that's where Wade Wellness Center comes in.

Every Once in a While

Our body knows when it is not functioning properly. It is subject to stress and strain which can damage various parts of our body. These stress factors can be physical, chemical or emotional and can originate from injury, trauma or aging. Our body then suffers from disorganized function which can manifest as pain, limited range of motion or dis-ease, which can lead to disease.

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Neural Organization Technique (N.O.T.) is a specific way to reorganize your body so that it can function as it was designed. N.O.T. addresses the four survival programs to make sure they are functioning properly. The primal survival systems of feeding, fight or flight, reproduction and immune function, which include the repair, growth and controlled reproduction of tissue. Everything that we do and everything that happens to us manifests in, and through, these programs in one way or another.

Wade Wellness Center uses a specialized and organized form of Applied Kinesiology which accesses the body's own knowledge of itself. This refined muscle testing technique locates and defines the specific problem, which can then be corrected.

Rather than addressing symptoms, Wade Wellness Center treats the body as a whole, functioning unit. Everything involves the nervous system in one way or another, so when the nervous system is organized and functioning well, disease disappears.

You Do Not Have to Live With It

It is important to know that something can always be done to improve the quality of your health. Utilizing the proven methods of N.O.T. we have been successful in addressing and correcting the problems that befall the human condition. People come to us from all over the world for treatment to improve the quality of their lives, and every day that is what we aspire to do. The N.O.T. partnership between the practitioner and patient is key in attaining good health.

Some Areas of Treatment

- Whiplash
- Muscle injuries
- Headaches
- Allergies
- Scoliosis
- Sacroiliac
- Cardiac stress problems
- Learning disabilities
- Back and neck pain
- Sciatic conditions
- Carpal Tunnel Syndrome
- Cranial injury
- Gait problems
- TMJ/Jaw Pain
- Digestive problems
- Immune system problems
- Nerve pain
- Circulatory problems
- Glandular problems
- Cerebral Palsy
- Post Traumatic Stress Disorder
- Down Syndrome
- Athlete injury prevention